

# 2011 Deganwy Dash Results

The distance run this year was 5.2 miles due to mis-direction by marshals in the Quay.

Times should be compared with the 2009 Dash results

Pos.	Time	No.	Cat.	Name
1	30.50	593	Mo/35	Dewi Wyn Roberts
2	30.59	501	Mo/35	Chris Yorke
3	31.16	654	Mo/35	Stephen Eardley
4	32.00	620	Mu/35	Chris Lloyd
5	32.31	504	Mo/35	Martin H. Green
6	32.42	601	Mo/35	Gareth D. Rawling
7	32.51	624	Mu/35	Christoph Gertler
8	32.55	657	Mo/35	Russell Godwin
9	33.01	599	Mo/35	Mark Davies
10	33.07	635	Mo/45	Dylan Owen
11	33.29	644	Mo/45	Richard Lee
12	33.42	534	Mo/55	Stephen Bellis
13	33.55	656	Mu/35	Juan Luis Viso
14	33.58	645	Mo/35	Ian Mulligan
15	34.05	659	Mo/35	Irfow Rowlands
16	34.18	538	Mo/45	Andrew Roberts
17	34.24	628	Mu/35	Christopher Telford
18	34.30	527	Mo/35	Richard Scamans
19	34.38	572	Mo/45	Steven P. Roberts
20	34.39	626	Mo/45	Joe Gardias
21	34.41	580	Mu/35	Stephen Bennett
22	34.46	507	Fu/35	Joanne Robertson
23	34.52	615	Mu/35	David Ellis
24	35.07	630	Mu/35	Anthony MacDonald
25	35.10	583	Mo/35	James Hooton
26	35.13	652	Mu/35	Simon Lacey
27	35.39	515	Mo/55	Kevin Slattery
28	35.41	606	Mo/45	Phil Davies
29	35.43	634	Mo/35	David Williams
30	35.46	643	Mo/35	Glenn Parry-Jones
31	36.07	632	Mo/35	Kevin Edwards
32	36.19	523	Mo/45	Steven Farrar
33	36.26	611	Mo/55	Ian M Rothery
34	36.31	574	Fu/35	Michaela Lauder
35	36.57	658	Fo/35	Helen MacArthur
36	37.31	604	Mo/55	Trevor Marshall
37	37.33	638	Mo/35	Robert Mandley
38	37.36	506	Mo/35	Danny Gwynn
39	37.41	541	Mo/45	Simon Leeson
40	37.49	609	Mu/35	Karl Morris
41	38.11	556	Mo/45	Emrys L Jones
42	38.21	505	Mo/45	John Walker
43	38.39	508	Mo/45	Tony Gibson
44	39.02	600	Mo/45	Paul Algieri
45	39.06	529	Mo/35	Phillip Farr
46	39.07	629	Fo/35	Stephanie Davenport
47	39.20	552	Fo/45	Cheryl Ann Frost
48	39.39	637	Mo/35	Graham Yarlett
49	39.45	598	Mo/55	Glynne Parry
50	39.57	646	Mo/45	Kevin Higgins
51	39.58	590	Mu/18	Morgan H. Evans
52	40.20	585	Mo/45	Adrian Jones
53	40.21	633	Mo/55	Simon Longnes
54	40.32	551	Mo/35	Stephen H Jones
55	40.49	577	Mo/45	Martin G Williams
56	40.50	636	Fo/45	Michelle Booth
57	40.53	664	Mo/45	Steve Bell
58	40.59	561	Fu/35	Sheryl Hughes
59	41.19	521	Mo/45	Tim Jones
60	41.22	602	Fo/45	Lorraine Jones
61	41.23	518	Fu/35	Kim Harrison
62	41.33	605	Mo/55	Alan Davies
63	41.34	608	Fu/35	Johara S.Davies
64	41.57	616	Fu/35	Sian Davey
65	42.04	509	Mo/55	Mike Hayton
66	42.05	622	Mo/35	Damian Rafferty
67	42.09	648	Fo/35	Laurie Griffith
68	42.13	573	Fo/45	Sue Jones
69	42.18	618	Mu/18	Ryan Mercer

Pos.	Time	No.	Cat.	Name
70	42.22	553	Mo/45	J Merfyn Williams
71	42.24	565	Fo/35	Helen Brown
72	42.30	614	Fo/45	Pam Grant
73	42.47	612	Mu/35	Dean Allison
74	43.05	627	Mo/35	Jonny Charlton
75	43.08	582	Mo/35	Paul Anderson
76	43.18	613	Mo/35	Stewart Edney
77	43.24	655	Mu/35	Steven Poupart
78	43.35	631	Mo/45	Steven Garner
79	43.35	548	Mo/45	Scott Owen
80	43.41	576	Fu/35	Anke Hagemi
81	43.43	566	Fo/35	Chloe Rafferty
82	43.43	567	Mo/35	Jonathan Collins
83	43.47	520	Fu/35	Kathryn Garner
84	43.49	517	Fo/35	Delyth Ann Jones
85	43.52	589	Mu/35	Ruairi Barry
86	43.58	557	Mo/55	Evan R. Hughes
87	44.01	617	Mu/35	Luke Blundell
88	44.01	660	Mo/45	Hugh Storey
89	44.14	522	Fo/45	Wendy Jones
90	44.22	662	Mu/35	Ashley Mercer
91	44.24	640	Fo/35	Suzanne Cooper
92	44.24	641	Fo/35	Rachel O'Dwyel
93	44.24	642	Fo/45	Lisa Jane Cunningham
94	44.33	649	Mo/35	David Griffith
95	45.09	650	Fo/45	Susan Calvert
96	45.16	597	Mo/35	Ieuan G. Davies
97	45.19	578	Mo/45	Kieth Richards
98	45.21	568	Mo/35	Paul Martin
99	46.12	536	Mo/35	Mark N. Jones
100	46.24	592	Fu/35	Paula Maguire
101	46.31	625	Mu/35	Ryan Birch
102	46.33	584	Fo/45	Ruth E. Harvey
103	46.48	647	Mu/35	Pete Colley
104	46.52	594	Mo/45	Colin Thackray
105	47.14	603	Mo/55	Iorwerth Roberts
106	48.03	516	Mo/45	Simon Whitehead
107	48.07	539	Fo/35	Nan Roberts
108	48.27	549	Mo/45	David Roe
109	48.31	588	Fu/35	Elena G. Roberts
110	48.36	623	Mo/35	Robin Lewis
111	48.37	651	Fo/35	Rachel Parry
112	48.55	579	Mo/35	Gareth Williams
113	49.35	591	Mo/35	Jason W. Cordingley
114	50.31	510	Fo/55	Anne Darlington
115	50.49	511	Fu/35	Delyth Darlington
116	50.55	571	Fo/45	Kim Howe
117	51.25	503	Fu/35	Merilin Sikk
118	51.25	512	Mu/35	Simon V. Blain
119	51.26	621	Mu/35	Tom Dempsey
120	51.37	639	Fu/35	Claire Gill
121	51.59	581	Mo/35	Gary James
122	52.35	587	Fo/55	Susan Roberts
123	52.55	526	Fu/35	Angharad Lewis
124	53.16	502	Fo/55	Jill Buerdsall
125	53.20	569	Fo/35	Rachel Jones
126	53.37	560	Mo/55	John Hodgkinson
127	53.57	533	Fo/45	Jane Pearson
128	53.57	661	Mu/35	Karl Davies
129	54.27	581	Mo/35	Gary James
130	55.51	550	Fo/45	Kate Roe
131	56.31	607	Fu/35	Bethan Coleman
132	56.31	542	Fu/35	Perrin Lewis
133	56.37	543	Fu/35	Louise Horsfall
134	56.57	653	Fo/35	Jayne Dunn
135	57.21	535	Fo/35	Nicola Lewis
136	59.21	610	Fu/35	Rachel E. Pinkerton
137	64.12	559	Fu/35	Sarah E. Jones
138	66.34	528	Fu/35	Caroline Naughton

# Category Winner

## Category Winners

Under 35	Time	Race Number	Overall Posn.	Under 35	Time	Race Number	Overall Posn.
Chris Lloyd	32.00	620	4	Joanne Robertson	34.46	507	22
Christoph Gertier	32.51	624	7	Michaela Lauder	36.31	574	34
Juan Luis Viso	33.55	656	13	Sheryl Hughes	40.59	561	58
Over 35				Over 35			
Dewi Wyn Roberts	30.50	593	1	Helen MacArthur	36.57	658	35
Chris Yorke	30.59	501	2	Stephanie Davenport	39.07	629	46
Stephen Eardley	31.16	654	3	Laurie Griffith	42.09	648	67
Over 45				Over 45			
Dylan Owen	33.07	635	10	Cheryl Ann Frost	39.20	552	47
Richard Lee	33.29	644	11	Michelle Booth	40.50	636	56
Andrew Roberts	34.18	538	16	Lorraine Jones	41.22	602	60
Over 55				Over 55			
Stephen Bellis	33.42	534	12	Anne Darlington	50.31	510	114
Ian Rothery	36.26	611	33	Susan Roberts	52.35	587	122
Glynne Parry	39.45	598	49	Jill Buerdsall	53.16	501	124
Under 18				First Local (LL31 post code)			
Morgan H. Evans	39.58	590	51	Helen MacArther	36.57	658	35
Ryan Mercer	42.18	618	69				
First Local (LL31 post code)							
Martin Green	32.31	504	5				

Race Winner:  
 Dewi Wyn Roberts 30.50  
 First Female to finish: Joanne Robertson 34.46